

Tuesday morning – Dza Patrul Rinpoche’s final meditation manual – ADAPTED by Lama Jigme Gyatso

*Diamond Mind’s Heart Treasure*

*Tuesday morning*

*verses 13 – 18*



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*Thirteenth passage*

*Illusion-like Circumstance – Our Safest Course of Action*

“**Á**ll phenomena  
are like  
magical illusions,”  
said the **Bú**ddhas;

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**bút these days  
the illusions  
are more illusory  
than éver,**

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trickeries  
conjured up  
by devious  
illusionists

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**bé**ware  
of the illusions  
of this degenerate agé’s  
ways.



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*Fourteenth passage*

*Echo-like Communication – Meeting Others where they Truly are*

“**Á**ll talk  
is like  
an echo,”  
said the **Bú**d-dhas,

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**bút** these days  
it is more like  
the re-echo  
of an **écho**.



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**What the echoes say  
and what they mean  
are NOT the same,**

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só do *NOT*  
take any notice  
of these insidious  
echó-words.



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*Fifteenth passage*

*Seeing, Hearing, and Doing – Emotional Instability*

**Whoever you see  
is *NOT* human,  
BUT **á** fraud;**

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whátever people say  
is *NOT* right,  
but júst lies.

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**Só** since these days  
there *is* **NO** one  
you **cán** trust,

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*you’ had better  
live alone  
and stáy free.*



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*Sixteenth passage*

*Wisdom, Honesty, and Goodness – The Most Sustainable Motivation*

If your actions  
conform with Dhar-ma,  
*you could annoy  
many beings;*

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if your words  
are truthful,  
most people  
will get angry;



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if your mind is truly  
good and pure,  
they will judge it  
a defect.

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**Nów** is the time  
to keep  
your own way  
hídden.



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*Seventeenth passage*

*Hiding: Body, Speech, and Mind – Feeding our Empathy*

Hide your body,  
by staying alone  
in a mountain wilderness;

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Hide your speech  
by cutting off contact  
and saying  
very little;

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Hide your mind  
by being continuously aware  
of your own faults  
alone.

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This  
is what it means  
to be a hidden  
yogi.



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*Eighteenth passage*  
*Disgust, Sadness, and Determination*

Disgust,  
because there *is* NO one  
to be trusted,

sadness,  
because there *is* NO meaning  
in anything,



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determination,  
because there *will* never  
be time to get everything  
you want;

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if you always  
keep these three things in mind,  
some good  
could come of it.



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