Page 1 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Lao Tzu's Poetic, Philosophical Treatise Tao Te Ching

Volume 6 of 14 (Chapters 31-36)

Translated by Stephen Mitchell, adapted and **annotated** by Terton Lama: Jigme Gyatso, Rime Rinpoche FIRST edition 2019-a02-24c



Page 2 of 92

Contents

Chapter 31	pg.	3
Chapter 32	pg.	19
Chapter 33	pg.	36
Chapter 34	pg.	48
Chapter 35	pg.	66
Chapter 36	pg.	78

Page 3 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Tao Te Ching chapter **Thirty-one**

(31: 1) Weapons are the tools of violence; all decent men detest them.

Page 4 of 92

Tools of violence

When attending an air show, and stumbling upon complex war machines such as tanks, helicopters or jets, it's easy to fall into fascination's thrall.

These are engineering marvels and besides they're really cool.

That is until we remember that they're instruments of murder as well as mayhem and have helped cause untold suffering. Why this contradiction?

Page 5 of 92

Commentary – of Volume 6 (chapters 31 - 36)

Perhaps it's the nature of our triune brain. The creative and analytical nature of our pre-fontal cortex is arguably morally ambiguous and simply loves anything new, sparkly, strong and fast.

It is the mechanisms of our brain stem that can get pretty ruthless in the name of self-preservation (which should not be confused with strawberry preserves, because

although those are delicious, they are completely different); and when our brain stem and pre-frontal cortex team up, we (as a species) can do some pretty horrible things.

Our limbic system, on the other hand, contains (amongst other things) our empathy center that

would rather apply the cleverness of our pre-frontal cortex to cooperation, compassion and overall sustainability.

In the latter chapters of the book "Cosmos" Carl Sagan explored how the components of our triune brain evolved haphazardly and interdependently their three influences could

always make their presence felt, except in the presence of sever defect, trauma, or conditioning (we're looking at you, psychopathy and sociopathy). Page 7 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(31: 2) Weapons are the tools of fear; a decent man will avoid them...

except in the direst necessity and, if compelled, will use them only with the utmost restraint.

Page 8 of 92

Tools of fear

Fear is typically a painful emotion and often employed manipulatively and coercively by members of yang's patriarchy.

History tells us that when the leaders of the inquisition wished to stop Galileo Galilei from teaching in favor of Copernicus' model of the heliocentric (or sun centered) universe they

forcibly removed him from his home, took him to their dungeons and showed him their instruments of torture, inferring that

they would be used on him if he did not recant his "heretical" views.

Page 9 of 92

It is interesting to note that the earth centered view is not really a major point of Christ's Gospel, it's just that the inquisition, like all other forms of

Yang's patriarchy really enjoyed controlling folks' behavior, communication and even their thoughts; for dominance is a prevailing drive of yang.

It could be argued that advancing the frontier of science could be integral to the survival of our species, but

the dark and twisted drives of yang's patriarchy favors short term, petty tyranny over long term survival, no less well-being.

Perhaps that is why the Tao Te Ching warns against the path of yang, in favor of the path of yin. Page 10 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(31:3)

Peace is his highest value. If the peace has been shattered, how can he be content?

Page 11 of 92

Commentary – of Volume 6 (chapters 31 - 36)

His

Yes, most cultures and languages favor a patriarchal world view but it is important to note that the translator or this version of

the Tao Te Ching attempted to remedy that by alternating the sages' pronouns every other chapter.

So in one chapter the sage could be referred to as he, and in the next chapter, as a she.

Although this is neither perfect, nor does it right all the wrongs of female oppression it seems to be a good-hearted step in the right direction.

Content

Unlike 1982's "Conan the Barbarian" who insisted that the meaning of life could be found in

> "...crush your enemies, see them driven before you, and to hear the lamentations of their women."

Page 12 of 92

For a sage of the Tao, this is NOT a source of contentment.

Page 13 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(31: 4) His enemies are NOT demons, but human beings like himself.

(31: 5) He does NOT wish them personal harm. Page 14 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Not demons

When exploring the intersection of sociology, economics and public health it becomes evident that free will is an illusion and that all of us are more subject the momentum of

circumstance and conditioning than we're comfortable admitting.

In view of this it becomes easier to generate compassion towards even the most dangerous of individuals treating them more

as if they had a virulent infection and less like Satan himself.

I therefor recommend reading the Neuro Scientist, Sam Harris' "Free Will." Page 15 of 92 Commentary – of Volume 6 (chapters 31 - 36)

^(31: 6) Nor does he rejoice in victory.

(31: 7) How could he rejoice in victory and delight in the slaughter of others? Page 16 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Slaughter

Just as it would seem foolish to punish someone for contracting a virulent infection, it could seem prudent to medically isolate them, thus

protecting society while nursing them to health.

Likewise the sage of the Tao rejoices not in the defeat of patriarchy's minions, but in their continued evolution toward the path of yin. Page 17 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(31: 8) He enters a battle gravely, with sorrow...

and with great compassion, as if he were attending a funeral.

Page 18 of 92

Enters a battle gravely

In moments of personal or collective self-defense the sage of the Tao is not given to the fever of blood lust but,

as always, acts vulnerably, non-conceptually, and acquiescently from a place of centered spontaneity.

One is not born a sage, it is the fruit of consistent training upon the path of awareness and acquiescence. Page **19** of **92** Commentary – of Volume 6 (chapters 31 - 36)

Tao Te Ching chapter **Thirty-two**

(32: 1) The Tao can NOT be perceived, smaller than an electron it contains uncountable galaxies.

Page 20 of 92

Electron, contains, galaxies

We've heard the term quantum leap. It means a very small change with very big and far reaching consequences.

Like wise the vulnerability, non-conceptuality, passiveness, patience, compassion, awareness, acquiescence and centered spontaneity of yin's path of Tao is also quite subtle but with huge consequences like

global: sustainability, cooperation, empathy, generosity, innovation, peace, happiness and fulfillment. Page 21 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(32: 2) If powerful men and women could remain...

centered in the Tao all things would be in harmony.

Page 22 of 92

Pax Romana

Pax Romana was a policy of enforcing the superficial appearance of peace at the point of a sword.

In other words, act peacefully or Rome is going to get you.

This superficial contrivance might make perfect sense from the anti-Tao perspective of Yang's path.

Of course the Tao perspective of the Yin path teaches that world peace begins on the inside of individuals. Page 23 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(32: 3) The world would become a paradise.

(32: 4) All people would be at peace, and the law would be written in their hearts.

Page 24 of 92

In their hearts

When people's seemingly deceit behavior is motivated by fear of punishment, that is not true ethics, but merely a pale, superficial analog.

True decency comes neither from fear of punishment nor desire for reward but is the natural momentum of empathy.

This spontaneous compassion is its own reward for it seeks no reward and is the fruit of the Tao's path of yin. Page 25 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(32: 5) When you have names and forms, know that they are provisional.

Page 26 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Names and forms

Just as it is silly to confuse a paper map of the United States, with the actual country, likewise it's pretty lame to confuse and object, being or circumstance with the label we adhere to it.

A clear illustration of this is found in the dystopian novel "1984" where the ministry of peace wages war and t he ministry of love practices torture, brain washing and murder.

Or in our reality where monopoly is labeled free market, those who exploit others, rape the environment and out-source manufacture are called "Job creators" and...

Page 27 of 92

those who suffer from unfortunate external conditions or physical maladies are maligned with the label "Takers."

After all, if during our morning walk we happened upon a heaping pile of dog doo, wouldn't it be silly to whip out a three by five card, scribble the word "chocolate" upon it, and gingerly place the

card upon the droppings, thinking that had somehow changed the scent, no less, nature of the substance. Page 28 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(32: 6) When you have institutions, know where their functions should end.

Page 29 of 92

Should end

All healthy, sentient beings crave life and happiness. No cow wants to be a hamburger, no chicken wants to be a barbeque, no pig wants to be a sausage, and no fish wants to be dinner.

Likewise institutions and organizations can sometimes seem to take on a life of their own, striving to increasing in size, importance and

power, performing tasks they're not qualified to perform and generally out living their usefulness.

This institutional behavior is like a greed dog, who doesn't know when to stop eating, and so continues to consume until his stomach bursts, and he dies.

Page 30 of 92

Commentary – of Volume 6 (chapters 31 - 36)

It is taught that Lao Tzu, the author of the Tao Te Ching, spent the majority of his adult life working with China's imperial bureaucracy, so

it sounds like, in this passage, he was writing from his vocational experience. Page **31** of **92** Commentary – of Volume 6 (chapters 31 - 36)

(32: 7) Knowing when to stop, you can avoid any danger.

Page 32 of 92 Commentary – of Volume 6 (chapters 31 - 36)

knowing when to stop

How could we know when to stop any behavior? By habitually practicing the centered spontaneity of flowing with yin's Tao.

Page 33 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(32: 8) All things end in the Tao as rivers flow into the sea.

Page **34** of **92**

Commentary – of Volume 6 (chapters 31 - 36)

All things end

All organisms eventually die, and when they do, they decompose. This decomposition process is a great example of passive acquiescence.

If some form of passive acquiescence is inevitable it is not a question of if we yield to the Tao but, when.

We are advised to start yielding yesterday, and if not then, then at least today. Perhaps that is why in the fourth sentence of the twenty-fifth chapter of the Tao Te Ching it is written

"If you want to be reborn, let yourself die."

Page 35 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Notice this is not written in the active voice, but in the passive one; we are NOT told to actively kill ourselves BUT to passively let ourselves die.

Now, quick, hurry, practice the centered spontaneity of awareness and acquiescence.

Page **36** of **92** Commentary – of Volume 6 (chapters 31 - 36)

Tao Te Ching chapter **Thirty-three**

(33: 1) Knowing others is intelligence; knowing yourself is true wisdom.

Page 37 of 92

Silence of the Lambs

The is a scene in the movie where Clarisse was trying to coerce Hannibal into filling out a psychiatric questionnaire with the words:

> "...you see a lot doctor, but are you strong enough to point that high powered perception at yourself?

What about it? Why don't you look at yourself and write down what you see? Maybe you're afraid to. "

Page 38 of 92

Commentary – of Volume 6 (chapters 31 - 36)

I suspect the answer was no, for he busied himself for the rest of the evening by manipulating Meeks, the prisoner in the cell to his right, to kill himself by swallowing his own tongue.

Are we braver than Hannibal Lector? Do we have the courage to vulnerably, non-conceptually and passively sit in awareness and acquiescence? Page **39** of **92** Commentary – of Volume 6 (chapters 31 - 36)

(33: 2) Mastering others is strength; mastering yourself is true power.

Page 40 of 92

Others or self

There are many steps from Yang's ANTI-tao of patriarchy to Yin's Tao of matriarchy.

As we've previously explored control, and domination are hallmarks of yang.

Perhaps the first few steps in moving from yang to yin is shifting the subject of our controlling tendencies from others to ourselves.

But remember the key to yin lays in releasing all efforts to control anyone, even ourselves.

Page 41 of 92 Commentary – of Volume 6 (chapters 31 - 36)

But if we do that, what's to stop us from being a puppet to our every dark impulse?

The awareness and acquiescence that feed our centered spontaneity.

Page 42 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(33: 3) If you realize that you have enough, you are truly rich.

Page 43 of 92 Commentary – of Volume 6 (chapters 31 - 36)

enough

In our capitalistic culture we can observe that those on the precipice of homelessness, hunger and exposure can act as if keenly motivated to stave off all facets of destitution.

We can see that as they approach a sort of survival equilibrium their actions can lose many of their manic attributes.

But sometimes that fear of lack transforms into a longing for more.

A longing that cannot be sated like a hungry dog who, given the chance could eat until its stomach bursts and it dies. Page 44 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Yang appeals to our fear of lack and our craving for more, whereas yin ceases to strive and relaxes into the flow state of centered spontaneity. Page 45 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(33: 4) If you stay in the center and embrace death with your whole heart, you will endure forever.

Page 46 of 92

Endure forever

In our interdependent and ever changing physical bodies of flesh, blood and bone will most assuredly die.

So how are we to live forever? By ceasing to identify with this brain, this body, or this circumstance and instead...

become as one with this community, this nation, this continent, this world, this solar system, this galaxy, this local group, this universe, the multiverse itself, in its entirety.

Lovely thoughts, but how do we actualize them? Read on.

Page 47 of 92

Stay in the CENTER and EMBRACE death

We <u>stay</u> in the center when we have so mastered the passive awareness of our mindfulness that we practice it spontaneously, habitually, easily and effectively.

Embracing death is a visceral and perhaps disturbing metaphor for yielding, surrendered acquiescence.

Let us imagine a tree upon the shore of a tropical lagoon, and that we are hanging from one of it branches, over the warm, welcoming waters.

It is the formal, consistent and regular practice of awareness and acquiescence that help us release our grip upon the branches of fear, greed, and self-identity, fall into the infinite ocean of universal compassion and dissolve Page 48 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Tao Te Ching chapter **Thirty-four**

(34:1) The great Tao flows everywhere.

Page 49 of 92

everywhere

The Tao is not a sentient being, no less a finite resource but merely the means by which any entity can enter the flow state.

Therefore it is available to all beings everywhere and it as close as mounting awareness upon one's inhalation and acquiescence upon one's exhalation.

The more these physical and mental acts become spontaneous and uncontrived the more we'll viscerally master the flow state of the Tao. Page 50 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(34:2) All things are born from it, yet it does NOT create them.

Page 51 of 92

Commentary – of Volume 6 (chapters 31 - 36)

Does not create them

Yes it could be said that the entire universe, as we know it, was created by the effortless and uncontrived acquiescence of all matter to...

gravity's, electromagnetisms', strong nuclear force's and weak nuclear force's four universal forces; but it could be a mistake not only to anthropomorphize the acquiescence of the Tao by...

generally attributing human attributes to it but it's even more of an error to attribute the specific factors of intention, agenda, and effort. Why is that letter so dangerous? Page 52 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Because intention, agenda and effort are attributes of yang, which is the anti-tao.

At university, first year psychology students are taught there are two flavors of motivation: extrinsic or external and intrinsic or internal.

For example, cleaning the dishes so as to not annoy one's domestic partner or

cleaning the dishes because doing so delights, and pleases one as well as contributes to one's sense of order.

Page **53** of **92**

Commentary – of Volume 6 (chapters 31 - 36)

But what if there was a third set of motivation, atrinsic or no motivation?

According to the Tao Te Ching, acting from centered spontaneity, with OUT any: intention, effort or agenda is not only the...

key to serenity but also the means by which we can have the greatest beneficial effect upon the world around us.

For instance, Lao Tzu wrote these eighty-one concise chapters more than twenty-five centuries ago, and they're still...

influencing the thoughts of those who seek greater peace, happiness and fulfillment. Page 54 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(34:3) It pours itself into its work, yet it makes NO claim.

Pours... makes no claim

The subtext infers that even though when we act from centered spontaneity we do so with complete abandon, and no thought of self preservation, we...

also do so without any sense of greed for: credit, fame, profit or prestige. For what if flowing with the Tao was its own reward? Page 56 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(34:4) It nourishes infinite worlds, yet it does NOT hold on to them.

Page 57 of 92

Nourishes without holding

Let's recall that the three treasures of the Tao are: simplicity, patience and compassion.

When our compassion is seasoned with acquiescence we are able to act for the benefit others with OUT being actively attached to either the outcomes of our actions or the recipients of our actions. Page 58 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(34:5) Since it is merged with all things and hidden in their hearts...

it can be called humble.

Page **59** of **92** Commentary – of Volume 6 (chapters 31 - 36)

Hidden in their hearts

The potential to practice awareness and acquiescence and as such flow from a place of centered spontaneity is latent within the mind of every sentient being;

existing first in potentiality before it is ever actualized though our choices and action. Page 60 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(34:6) Since all things vanish into it and it alone endures...

it can be called great.

Page 61 of 92

Commentary – of Volume 6 (chapters 31 - 36)

All things vanish into it

Although all of us can resist acquiescence on some level, since dying and decomposition are the ultimate acts of yielding, it could be said that surrender; mental or physical, deliberate or inadvertent, is inevitable.

I'm re minded of the commercial aired in 1972 for Fram oil filters where the auto mechanic says "...the choice is yours you can pay me now or you can pay me later."

Likewise, in the grand scheme of time, from the geological, no less cosmological, point of view, all beings yield, it's simply a matter of time.

Page 62 of 92

Commentary – of Volume 6 (chapters 31 - 36)

The sooner we do so, from a place of centered spontaneity and...

make a habit of it, the sooner we'll be more: peaceful, happy and of greater beneficial to the world around us. Page 63 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(34:7) It is NOT aware of its greatness; thus it is truly great.

Page 64 of 92

NOT aware

Although the journey from yang to yin starts with a decision, the completion of the process of transcending yang's conditioning could take a while.

For instance our yin training in meditation's awareness and acquiescence could cause us to non-conceptually flow in centered spontaneity.

Our passive mindfulness could notice what's going on and then our yang tendency for over-analysis could kick in and we could find ourselves, narrating our...

experience, our achievement as well as the means by which we accomplished it and could improve upon it. Page 65 of 92 Commentary – of Volume 6 (chapters 31 - 36)

This error will occur, it's par for the course.

Don't beat yourself up, for simply noticing the folly of yang is integral to passively evolving beyond it. Page 66 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Tao Te Ching chapter **Thirty-five**

(35: 1) She who is <u>centered</u> in the Tao can go where she wishes, without danger. Page 67 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Without danger

One of the benefits of cultivating centered spontaneity is that it can enhances one's experience of safety, although...

it is VERY important not to confuse the centered spontaneity that comes from yin's passive mindfulness with...

the neurotic grasping that comes from yang's active concentration. Page 68 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(35: 2) She perceives the universal harmony, even amid great pain...

because she has found peace in her heart.

Page 69 of 92 Commentary – of Volume 6 (chapters 31 - 36)

The universal harmony

In the history of science we recognize that there were radio waves long before people had the technology to perceive them.

Any student of surfing can tell you that it's not a question of if a suitable wave will come, but whether one is skillful enough to catch it and ride it.

Likewise the author of the Tao Te Ching infers that universal harmony already exists, it is merely a question of whether or not we have plugged into it, no less perceived it.

It bears mentioning that key to cultivating the inward peace that helps us tune into the outward peace is the consistent practice of awareness and acquiescence. Page **70** of **92** Commentary – of Volume 6 (chapters 31 - 36)

(35: 3) Music or the smell of good cooking may make people stop and enjoy.

Page **71** of **92** Commentary – of Volume 6 (chapters 31 - 36)

(35: 4) But words that point to the Tao seem monotonous and without flavor.

Page 72 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Music and the smell of good cooking

In the latter chapters of "Cosmos" Carl Sagan mentioned the triune brain of R-complex, Limbic system and Prefrontal cortex.

Music and the smell of good cooking could have a powerful, visceral, pre-cognitive effect upon the mechanisms of our brain stem's R-complex.

In contrast, it can find very little attractive or enticing about words that point to the Tao.

However the emotional Limbic system and the analytical Prefrontal cortex can find the words that point to the Tao to be compelling and interesting.

Page 73 of 92

It could therefore be helpful to practice the passive mindfulness that can discern our instinctual, emotional and analytical mindsets.

Let us traverse the middle path between repressing our instincts and indulging their every whim, as if it was a spoiled child. Page 74 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(35: 5) When you look for it, there is nothing to see.

(35: 6) When you listen for it, there is nothing to hear.

(35: 7) When you use it, it is inexhaustible.

Page 75 of 92

Active folly

Congratulations you've decided to master the Tao. Now that you've set your goal, how will you accomplish it?

Actively straining and striving to perceive the Tao reminds me of Reverend Alan's wife who strove to...

get a cat out from under the couch by screaming at it and striving to pry it out with a broom handle.

Page 76 of 92

After his wife had given up in frustration, Alan walked calmly into the kitchen and used the electric can opener to open a can of the cat's favorite food.

Moments later the cat left its hiding place beneath the couch and enthusiastically entered the kitchen of its own accord.

Just as we cannot force a cat to do what it does not want to, neither can we force our brain stem's R-complex to take interest in the Tao. But...

Page 77 of 92

just as we can entice a cat to leave its hiding place with the promise of food, we can...

entice our instinctual nature to take interest in the Tao if our regular practice of awareness and acquiescence proves to be sufficiently pleasurable. Page **78** of **92** Commentary – of Volume 6 (chapters 31 - 36)

Tao Te Ching chapter **Thirty-six**

(36:1)
If you want
to shrink something,
you must first
allow it to expand.

Page 79 of 92

Allow it

The question is NOT if there are things we want to do, BUT rather what we'll do with that impulse.

When we want to shrink something, get rid of something, or take something do...

we act from yang or yin, patriarchy or matriarchy, ego or no self, pride or love...

do we MAKE something happen or LET something happen?

Page 80 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(36:2)If you wantto get rid of something,you must firstallow it to flourish.

Page 81 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Expand, Flourish

Clearly expanding is the opposite of shrinking and flourishing is the opposite of something being gotten rid of.

One of the benefits of this strategy is that we are rebelling against the tyranny of impulsiveness.

There is great freedom in recognizing a problem, as well as our impulse concerning it and merely choosing to: "see how this plays out." Page 82 of 92 Commentary – of Volume 6 (chapters 31 - 36)

For it can be useful to give ourselves breathing room between scattered impulsiveness and centered spontaneity. Page 83 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(36:3)If you wantto take something,you must firstallow it to be given.

Page 84 of 92

Commentary – of Volume 6 (chapters 31 - 36)

first

Yes it can feel unbearable to allow rather than act, but it could be helpful to remember that in the larger scheme of things our...

life's purpose it NOT to satisfy every impulse of greed or aversion BUT to master the Tao's path that...

all beings may benefit from the momentum of our awareness and acquiescence. Page 85 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(36:4) This is called the subtle perception of the way things are.

Page 86 of 92

The way things are

How are things? In our skull we have a triune brain. At its stem is the seat of the petulant, selfish anti-tao.

In its mid-brain is the center for both compassion and cooperation that is integral to our mastery of the tao.

How are things? We have a choice to play the short game of fleeting benefiting for ourselves by indulging our reptilian impulses or...

the long game of enjoying the deep and meaningful benefit of traversing the path of matriarchy for the benefit of all. Page 87 of 92 Commentary – of Volume 6 (chapters 31 - 36)

How are things? We can choose one, or the other but not both, for they are mutually exclusive. Page 88 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(36:5) The soft overcomes the hard.

(36:6) The slow overcomes the fast. Page 89 of 92 Commentary – of Volume 6 (chapters 31 - 36)

Soft and slow versus hard and fast

Although this could describe the difference between intimate love making and recreational, anonymous fucking, in...

a larger sense it's reminding us that regardless of the protests of our brain stem, the path of no-self is much more beneficial than the path of selfishness. Page 90 of 92 Commentary – of Volume 6 (chapters 31 - 36)

(36:7) Let your working remain a mystery.

(36:8) Just show people the results.

Page 91 of 92

A mystery

An individual may spend months, years or even decades perfecting a skill.

And with the best of intentions they might actively chase down would be students and verbally assail them with...

the benefits and methods of their system. That is the folly of yang.

Page 92 of 92

If that same individual passively allowed the fruits of his skill set to speak for themselves then...

good hearted, would-be apprentices and journeymen would seek him out.

Or to put it more concisely, in the words of the American existentialist Ralph Waldo Emerson:

> "Build a better mouse trap and the world will beat a path to your door."