

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

One of the grand things
about the Buddha's teachings
is that they require NO faith.

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

For faith is but a grasping
at thought and emotion
that digs us ever deeper

into De-va-dat-ta's domineering duality
of dread and desire
whereas faith is self-evident.

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

For with the changing of the seasons
we see the impermanence of a year
with the waxing and waning of the moon
we see the impermanence of a month

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

with the rising and setting of the sun
we see the impermanence of a day

and with the swelling and sinking
of our chest
we feel the impermanence of this breath.

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

Perhaps that is why I insist
“ever changing one and all
there is nothing permanent to grasp.”

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

The Buddha explained
that of all footprints
the largest is made by the elephant

likewise of the all objects of contemplation
none are as impactful
as impermanence.

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

**NOT to frighten us into piety
as is the practice of foolish fundamentalists
which only serves to reinforce
the domineering duality of dread and desire**

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence

BUT to inspire us further along
the Buddha's flexible flow
of love and letting-go.

Thus we chant:

“there is nothing permanent to grasp;”.

Illuminating Tara's Clear Light – A Commentary
6 – Impermanence