

Sunday evening – Dza Patrul Rinpoche’s Last Meditation Manual – ADAPTED by Lama Jigme Gyatso

*Green Heroine’s Heart Treasure*

*Sunday evening*

*verses 77 – 82*



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*Seventy-seventh passage*

*FIRST third’s intention*

Thé FIRST part,  
my sorrowful tirade  
at this decadent agé’s  
ways,

wás a reproof  
I had intended  
for mýself.

This sad lament  
has affected me  
deeply;

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nów I offer it to you,  
thinking you might  
feel thé same.



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*Seventy-eighth passage*

*FIRST third’s apology*

**Íf that is NOT the case,  
and you have total confidence  
in the loftiness of your view  
and meditátion,**

wise ideas  
about how to combine  
the worldly  
and the spiritual,



**and the diplomatic skill  
to settle problems  
to the satisfaction of all**

if you have  
all that,  
then I offer you  
my apológies.



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*Seventy-ninth passage*  
*SECOND third’s denial*

The SECOND part,  
my dissertation  
establishing view  
and meditation

since of course  
I have NO experience  
of realization **at** all

**jú**st sets out  
what I have understood  
by the grace  
of the **té**achings

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fróm the precious lineage  
of the all-knowing  
father ánd son.



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*Eightieth passage*  
*FINAL third’s spontaneity*

Thé THIRD part,  
my exhortation  
to relinquish everything  
and prácticé,

thóugh you may well  
miss the point,  
just slipped out  
by ítself.



**Yét, since it in NO way  
contradicts the words  
of the Buddhas  
and Bo-dhi-sát-tvas,**

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it would be truly kind of you  
to put it  
into practice.



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*Eighty-first passage*

*The location and reason for this discourse*

This discourse,  
virtuous in the beginning,  
middle, and end,

**wás** written  
in the Sid-dha’s cave  
of White Rock  
Victorý Peak

fór an old friend  
whose pleas  
could NO longer  
be resísted,

bý that ragged old fellow  
A-pu Hral-po,  
ablaze  
with the five poisons.



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*Eighty-second passage*  
*Concluding benediction*

Í have just been prattling  
on and on,  
but só what?

**Mý theme is of great worth  
and its meaning unérring;**



só the merit it brings  
I offer to you,  
and to all of us  
throughout the thrée worlds

máy the wishes we make,  
inspired by the teachings,  
cóme true! 

