

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Heart Treasure of the Enlightened Ones

Wednesday evening

verses 31 – 36



Contents

Thirty-first.....pg. 3
 Thirty-second..... pg. 7
 Thirty-third.....pg. 11

Thirty-fourth..... pg. 15
 Thirty-fifth..... pg. 19
 Thirty-sixth..... pg. 23

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Thirty-first passage

Corpus – the Second of Four Bases of Mindfulness/

Making Love in the Name of Virginity

The mind can NOT cope
with all the many
visualization practices;

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

tó meditate
on one Su-ga-ta *joyful buddha*
is to meditate
on thém all.

Whatever *we feel*,
sensations are (*as NON-graspable as*)
the form of the
Great Compassionate One (*of light*);

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

in the realm
of the *archetype*’s **bódy**,
sénsual yet (*as non-graspable as a vast, empty*) **void**,
recite the six-syllable **mántra**.



Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Thirty-second passage

Communication – the Third of Four Bases of Mindfulness

Recitations, Sa-dha-nas,
and powerful spells
are just complications;

the all-inclusive
six-syllable mantra
is the very sound
of the Dhar-ma.

All sounds
have never been other than
(*as NON-graspable as*) the speech
of Sublime Chen-re-zik;

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

récognizing them
as (*NON-graspable as*) **mán**tra,
résounding yet (*as NON-graspable
as a vast, empty*) **void**,
recite the six-syllable mantra.



Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Thirty-third passage

Consciousness – the Fourth of Four Bases of Mindfulness/

Metaphysical Parlor Tricks

As thoughts
and the two obscurations (*of hate and greed*)
are pacified,
experience and realization increase;

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

ás your (*competitive and clinging*) perceptions
come under cóntrol,
énemies¹ and obstructing² influences
are subjugáted.

*1 – replacing competition with cooperation transforms enemies into friends
i.e.: “I destroy my enemies by making them my friends” – Abraham Lincoln*

2 – by letting go of our reactions to obstructions they are transformed into assets on the path

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Ít is (*our devotion to the similes*
of the archetype of Enlightened Compassion) **Chen-ré-zik**
thát bestows in this very life
the supreme and common **Síd-dhis;**

ás the four activities
are accomplished
by themselves,
recite the six-syllable mántra.



Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Thirty-fourth passage
The Folly of Dharma Work

Offer the Tor-ma (*cakes*)
of whatever (*spontaneously*) arises
to the guests of (*wisdom’s*)
immediate **liberation** (*of letting-go*);

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

móld the clay
of whatever (*spontaneously*) appears
into (*wisdom’s*) Tsa-tsa (*relief sculpture*)
of **void** appéarance;

*Just as literal-minded folk use Tsa-Tsa molds to transform meaningless clay into meaningful Buddha statues
we can make whatever we spontaneously notice into something meaningful
by simply physically relaxing and mentally releasing in harmony with each exhalation*

Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

offer the prostration
of (*the single taste of*) NON-duality
to the Lord of Mind’s
(*NON-graspable*) Náture.

(*Wisely*) consummating
these Dhar-ma activities,
recite the six-syllable mantra.



Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Thirty-fifth passage

Life’s Work

Overcome your enemy,
hatred,
with the weapon
of love;

Protect your family,
the beings of the six realms,
with the skillful means
of compassion;

harvest
from the field of devotion
the crop
of experience and realization.

Consummating
your life’s work,
recite the six-syllable mantra.



Wednesday evening – Dza Patrul Rinpoche’s Final Meditation Manual – ADAPTED by Lama Jigme Gyatso

Thirty-sixth passage
Our Duty to the Dead

Cremate that old corpse
of clinging to things as real
in the fire
of NON-attachment;

conduct the weekly funeral ceremonies
of ordinary life
by practicing
the essence of Dhar-ma;

as the smoke-offering
to provide for the departed,
dedicate your accumulated merit
for all their future lives.

Consummating
all positive actions
done for the sake of the dead,
recite the six-syllable mantra.



