

Sunday evening – Dza Patrul Rinpoche’s Last Meditation Manual – ADAPTED by Lama Jigme Gyatso

*Heart Treasure of the Enlightened Ones*

*Sunday evening*

*verses 79 – 82*



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*Seventy-ninth passage*  
*SECOND third’s denial*

The SECOND part,  
my dissertation  
establishing view  
and meditation

since of course  
I have NO experience  
of realization **at** all

**júst sets out  
what I have understood  
by the grace  
of the téachings**

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fróm the precious lineage  
of the all-knowing  
father ánd son.



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*Eightieth passage*  
*FINAL third’s spontaneity*

Thé THIRD part,  
my exhortation  
to relinquish everything  
and prácticé,

thóugh you may well  
miss the point,  
just slipped out  
by ítself.



**Yét, since it in NO way  
contradicts the words  
of the Buddhas  
and Bo-dhi-sát-tvas,**

it would be truly kind of you  
to put it  
into practice.



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*Eighty-first passage*

*The location and reason for this discourse*

This discourse,  
virtuous in the beginning,  
middle, and end,

**wás** written  
in the Sid-dha’s cave  
of White Rock  
Victory Peak

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fór an old friend  
whose pleas  
could NO longer  
be resísted,

bý that ragged old fellow  
A-pu Hral-po,  
ablaze  
with the five poisons.



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*Eighty-second passage*  
*Concluding benediction*

Í have just been prattling  
on and on,  
but só what?

**Mý theme is of great worth  
and its meaning unérring;**



só the merit it brings  
I offer to you,  
and to all of us  
throughout the thrée worlds

máy the wishes we make,  
inspired by the teachings,  
cóme true!

