

Sunday evening – Dza Patrul Rinpoche's Last Meditation Manual – ADAPTED by Lama Jigme Gyatso

*Green Heroine's Heart Treasure*

*Sunday evening*

*verses 77 – 82*



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*Seventy-seventh passage*

*FIRST third’s intention*

Thé FIRST part,  
my sorrowful tirade  
at this decadent agé’s  
ways,

wás a reproof  
I had intended  
for mýself.

This sad lament  
has affected me  
deeply;

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nów I offer it to you,  
thinking you might  
feel thé same.



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*Seventy-eighth passage*

*FIRST third’s apology*

Íf that is NOT the case,  
and you have total confidence  
in the loftiness of your view  
and meditátion,

wise ideas  
about how to combine  
the worldly  
and the spirítual,

and the diplomatic skill  
to settle problems  
to the satisfaction of all

if you have  
all that,  
then I offer you  
my apológies.



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*Seventy-ninth passage*  
*SECOND third’s denial*

Thé SECOND part,  
my dissertation  
establishing view  
and meditátion

since of course  
I have NO experience  
of realization **at** all

júst sets out  
what I have understood  
by the grace  
of the téachings

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from the precious lineage  
of the all-knowing  
father and son.



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*Eightieth passage*  
*FINAL third’s spontaneity*

Thé THIRD part,  
my exhortation  
to relinquish everything  
and prácticé,

thóugh you may well  
miss the point,  
just slipped out  
by ítself.

Yét, since it in NO way  
contradicts the words  
of the Buddhas  
and Bo-dhi-sát-tvas,

it would be truly kind of you  
to put it  
into practice.



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*Eighty-first passage*

*The location and reason for this discourse*

This discourse,  
virtuous in the beginning,  
middle, and end,

wás written  
in the Sid-dha’s cave  
of White Rock  
Victorý Peak

fór an old friend  
whose pleas  
could NO longer  
be resísted,

bý that ragged old fellow  
A-pu Hral-po,  
ablaze  
with the five poisons.



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*Eighty-second passage*  
*Concluding benediction*

Í have just been prattling  
on and on,  
but só what?

Mý theme is of great worth  
and its meaning unérring;

só the merit it brings  
I offer to you,  
and to all of us  
throughout the thrée worlds

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máy the wishes we make,  
inspired by the teachings,  
cóme true! \_^\_

